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**In The Realm
Of Hungry**

Ghosts

As recognized,
adventure as
competently as
experience practically
lesson, amusement, as
without difficulty as
bargain can be gotten by
just checking out a
books **in the realm of**

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hungry ghosts along with it is not directly done, you could tolerate even more on this life, roughly speaking the world.

We come up with the money for you this proper as without difficulty as simple mannerism to get those all. We provide in the realm of hungry ghosts

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and numerous ebook
collections from fictions
to scientific research in
any way. along with
them is this in the realm
of hungry ghosts that
can be your partner.

*In the Realm of Hungry
Ghosts - Dr. Gabor
Maté Book TV: Gabor
Mate, "In the Realm of
Hungry Ghosts" "In
the Realm of Hungry*

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Ghosts by Gabor Maté
(Psychology Book Club
Conversation)

Dr. Gabor Maté In the
Realm of Hungry

Ghosts | Addiction

Interview | Joe Polish

**The Realm of Hungry
Ghosts: Working with
Attachment and
Addiction - Tara**

~~Brach In The Realm of
Hungry Ghosts - Gabor~~

~~Maté' \ "In the Realm of~~

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~~Realm Of~~ Hungry Ghosts\ " Dr.

Gabor Maté interviewed
by Amy Goodman on

Democracy Now 1 of 2

~~Gabor Maté M.D. The~~

~~Biology of Loss and~~

~~Recovery Why 97% Of~~

~~The Public Struggle~~

~~With Their Mind | Dr~~

~~Gabor Mate~~ *In The*

Realm of Hungry Ghosts-

Book Review The

Hungry Ghost: A

Biopsychosocial

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Perspective on

*Addicted to
Ideology? With Gabor*

Maté Book Review: In

The Realm Of Hungry

Ghost: Close

Encounters With

Addiction by Gabor

Maté Gabor Maté,

When The Body Says

No: Mind/Body Unity

and the Stress- Disease

*Connection **Buddhist***

Cosmology (4): Ghost

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Realm Gabor Mate with

Rebekah Demirel,

Seattle, May 16, 2014

Gabor Mate, MD, Feb

19, 2014 in Seattle

Mindrolling – Ep. 219 –

Dr. Gabor Maté In the

~~Realm of Hungry~~

~~Ghosts, Gabor Maté –~~

~~Book Report~~

DR GABOR MATÉ -

CHILDHOOD

TRAUMA CREATES

ADDICTION - Part 1/2

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~~In The~~
~~Realm Of Hungry~~
Hungry Ghosts

Distilling cutting-edge research from around the world, *In the Realm of Hungry Ghosts* avoids glib self-help remedies, instead promoting self-understanding as the first key to healing and wellness. Blending personal stories and science with positive

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~~Realm Of Hungry Ghosts~~
solutions, and written in
spellbinding prose, it is
a must-read that will
change how you see
yourself, others and the
world.

~~In the Realm of Hungry
Ghosts: Close
Encounters with ...~~

Buy In the Realm of
Hungry Ghosts by Mate
M.D., Gabor (ISBN:
8601300368283) from

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Ghosts: Amazon.co.uk:
Mate M.D ...~~

In the Realm of Hungry
Ghosts condemns
society for depriving
human beings of what
they need to thrive and
then persecuting and

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punishing them for
using drugs to relieve
their pain... well-

written,

engaging."--Dissident

Voice "In the Realm of

Hungry Ghosts is a

poignant and

illuminating treatise on

the nature of addiction.

Maté, a physician in

Vancouver's Downtown

Eastside, has been

treating poor and

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homeless people
addicted to various
drugs, particularly
cocaine, heroin, and
methamphetamine ...

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Ghosts: Close
Encounters with ...~~

Distilling cutting-edge
research from around
the world, In the Realm
of Hungry Ghosts
avoids glib self-help

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remedies, instead

promoting self-

understanding as the

first key to healing and

wellness. DOWNLOAD

NOW » Author: Gabor

Maté. Publisher:

Vermilion. ISBN:

1785042203. Category:

Page: 496. View: 447.

To heal addiction, you

have to go back to the

start...

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~~In The Realm Of~~

~~Hungry Ghosts [PDF]~~

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E. suggested I read “In the Realm of Hungry Ghosts” as part of my introduction to

Vancouver, and gosh but was he right in recommending it. The book’s author, Gregor Mate, is a doctor who works in Vancouver’s notorious downtown

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eastside - a

neighbourhood known
for being a drug zone.

~~In the Realm of Hungry~~

~~Ghosts: Close~~

~~Encounters with ...~~

In the Realm of Hungry

Ghosts condemns

society for depriving

human beings of what

they need to thrive and

then persecuting and

punishing them for

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using drugs to relieve their pain... well-written, engaging.” —Dissident Voice “In the Realm of Hungry Ghosts is a poignant and illuminating treatise on the nature of addiction. Maté, a physician in Vancouver's Downtown Eastside, has been treating poor and homeless people addicted to various

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Realm Of Hungry Ghosts
drugs, particularly
cocaine, heroin, and ...

~~In the Realm of Hungry
Ghosts North Atlantic
Books~~

In the Realm of Hungry
Ghosts: Close
Encounters with
Addiction, Winner of
the 2009 Hubert Evans
Non-Fiction Prize.

Hungry Ghosts (U.S.
Title: In the Realm of

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~~Realm Of Hungry Ghosts~~
Hungry Ghosts: Close Encounters with Addiction): From street-dwelling drug addicts to high-functioning workaholics, the continuum of addiction cuts a wide and painful swath through our culture.

~~Addiction Book: Dr. Gabor Maté In the Realm of Hungry~~

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Ghosts

realms. Each realm is populated by characters

representing aspects of human existence—our various ways of being.

In the Beast Realm we are driven by basic survival instincts and appetites such as

physical hunger and sexuality, what Freud called the id. The

denizens of the Hell

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Realm are trapped in
states of unbearable rage
and anxiety.

~~In the Realm of Hungry
Ghosts~~

In the Realm of Hungry
Ghosts Quotes Showing
1-30 of 205 “Not all
addictions are rooted in
abuse or trauma, but I
do believe they can all
be traced to painful
experience. A hurt is at

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the centre of all
addictive behaviours. It
is present in the
gambler, the Internet
addict, the compulsive
shopper and the
workaholic.

~~In the Realm of Hungry
Ghosts Quotes by Gabor
Maté~~

Beings are reborn in the
hungry ghost realm
because they have acted

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with extreme selfishness and greed, and refused to share their blessings with the less fortunate. This greed is feverish, angst-ridden and passionate, whereas the greed of the Beast Realm is more immediate, basic and instinctual.

~~31—Six Realms of
Existence Part 3:~~

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~~Hungry Ghost and ...~~

In the Realm of Hungry
Ghosts condemns

society for depriving
human beings of what
they need to thrive and
then persecuting and
punishing them for
using drugs to relieve
their pain... well-written,
engaging.” —Dissident
Voice “In the Realm of
Hungry Ghosts is a
poignant and

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illuminating treatise on the nature of addiction. Maté, a physician in Vancouver's Downtown Eastside, has been treating poor and homeless people addicted to various drugs, particularly cocaine, heroin, and ...

~~In the Realm of Hungry
Ghosts: Close
Encounters with ...~~

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In the Realm of Hungry

Ghosts condemns
Hungry Ghosts
society for depriving

human beings of what
they need to thrive and

then persecuting and
punishing them for

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their pain... well-

written,

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Vancouver's Downtown
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homeless people
addicted to various
drugs, particularly
cocaine, heroin, and
methamphetamine ...

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Ghosts: Close~~

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~~Encounters with ...~~

Distilling cutting-edge
research from around

the world, *In the Realm
of Hungry Ghosts*

avoids glib self-help
remedies, instead

promoting self-

understanding as the

first key to healing and

wellness. Blending

personal stories and

science with positive

solutions, and written in

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spellbinding prose, it is
a must-read that will
change how you see
yourself, others and the
world.

~~In the Realm of Hungry
Ghosts : Dr Gabor Mate
: 9781785042201~~

The Realm of Hungry
Ghosts The Mandala,
the Buddhist Wheel of
Life, revolves through
six realms. Each realm

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is populated by
characters representing
aspects of human
existence—our various
ways of being. In the
Beast Realm we are
driven by basic survival
instincts and appetites
such as physical hunger
and sexuality, what
Freud called the Id.

~~In The Realm Of~~

~~Hungry Ghosts—~~

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~~Graham Hancock~~

~~Official ...~~

~~Hungry Ghosts~~
Distilling cutting-edge research from around the world, *In the Realm of Hungry Ghosts* avoids glib self-help remedies, instead promoting self-understanding as the first key to healing and wellness.

~~In the Realm of Hungry~~

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~~Ghosts : Close~~

~~Encounters with ...~~

When The Body Says

No, In The Realm Of

Hungry Ghosts, Hold

On To Your Kids,

Scattered Minds 4

Books Collection Set By

Dr Gabor Maté

~~Amazon.co.uk: in the~~

~~realm of hungry ghosts~~

Random House presents

the audiobook edition of

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In the Realm of Hungry Ghosts by Gabor Maté, read by Daniel Maté. To heal addiction, you have to go back to the start.... Dr Gabor Maté is one of the world's most revered thinkers on the psychology of addiction.

~~In the Realm of Hungry Ghosts Audiobook | Dr Gabor Maté ...~~

In the Realm of Hungry

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Ghosts - Dr. Gabor

Maté. To learn more
about Genius Network®

click here:

<https://goo.gl/0mX9id> Is
addiction the biggest
crisis we've e...

From bestselling author
Gabor Maté, the
essential resource for
understanding the roots

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and behaviors of
addiction--now with an
added introduction by
the author. Based on
Gabor Maté's two
decades of experience as
a medical doctor and his
groundbreaking work
with the severely
addicted on
Vancouver's skid row,
In the Realm of Hungry
Ghosts radically
reenvisions this much

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misunderstood field by

taking a holistic

approach. Dr. Maté

presents addiction not as

a discrete phenomenon

confined to an

unfortunate or weak-

willed few, but as a

continuum that runs

throughout (and perhaps

underpins) our society;

not a medical

"condition" distinct

from the lives it affects,

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rather the result of a complex interplay among personal history, emotional, and neurological development, brain chemistry, and the drugs (and behaviors) of addiction. Simplifying a wide array of brain and addiction research findings from around the globe, the book avoids glib self-help

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remedies, instead promoting a thorough and compassionate self-understanding as the first key to healing and wellness. In the Realm of Hungry Ghosts argues persuasively against contemporary health, social, and criminal justice policies toward addiction and those impacted by it. The mix of personal

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stories—including the author's candid discussion of his own "high-status" addictive tendencies—and science with positive solutions makes the book equally useful for lay readers and professionals.

A timely and original book that explores the fundamental nature of human addiction and the

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current epidemic of
different types of
addictions with society.

Starting with a
dramatically close view
of Mate's drug addicted
patients, he skilfully
weaves in stories of real
people while providing
a bold synthesis of
clinical experience,
insight and up-to-date
findings. This became a
bestselling book upon

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publication in Canada
and comes highly
recommended by casual
readers, experts and
reviewers alike.

In this timely and
profoundly original new
book, bestselling writer
and physician Gabor
Maté looks at the
epidemic of addictions
in our society, tells us
why we are so prone to

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them and what is needed
to liberate ourselves
from their hold on our
emotions and
behaviours. For over
seven years Gabor Maté
has been the staff
physician at the Portland
Hotel, a residence and
harm reduction facility
in Vancouver's
Downtown Eastside. His
patients are challenged
by life-threatening drug

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addictions, mental illness, Hepatitis C or HIV and, in many cases, all four. But if Dr.

Maté's patients are at the far end of the spectrum, there are many others among us who are also struggling with addictions. Drugs, alcohol, tobacco, work, food, sex, gambling and excessive inappropriate spending: what is amiss

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with our lives that we
seek such self-
destructive ways to

comfort ourselves? And

why is it so difficult to

stop these habits, even

as they threaten our

health, jeopardize our

relationships and

corrode our lives?

Beginning with a

dramatically close view

of his drug addicted

patients, Dr. Maté looks

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at his own history of compulsive behaviour. He weaves the stories of real people who have struggled with addiction with the latest research on addiction and the brain. Providing a bold synthesis of clinical experience, insight and cutting edge scientific findings, Dr. Maté sheds light on this most puzzling of human

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frailties. He proposes a
compassionate approach
to helping drug addicts
and, for the many
behaviour addicts
among us, to addressing
the void addiction is
meant to fill. I believe
there is one addiction
process, whether it
manifests in the lethal
substance dependencies
of my Downtown
Eastside patients, the

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frantic self-soothing of overeaters or shopaholics, the obsessions of gamblers, sexaholics and compulsive internet users, or in the socially acceptable and even admired behaviours of the workaholic. Drug addicts are often dismissed and discounted as unworthy of empathy and respect.

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In telling their stories my intent is to help their voices to be heard and to shed light on the origins and nature of their ill-fated struggle to overcome suffering through substance use. Both in their flaws and their virtues they share much in common with the society that ostracizes them. If they have chosen a path to

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nowhere, they still have
much to teach the rest of
us. In the dark mirror of
their lives we can trace
outlines of our own.

—from *In the Realm of
Hungry Ghosts*

To heal addiction, you
have to go back to the
start... Featured on
Russell Brand's podcast
Under the Skin Dr
Gabor Maté is one of

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the world's most
revered thinkers on the
psychology of addiction.

His radical findings –
based on decades of
work with patients
challenged by
catastrophic drug
addiction and mental
illness – are reframing
how we view all human
development. In this
award-winning modern
classic, Gabor Maté

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takes a holistic and compassionate approach to addiction, whether to alcohol, drugs, sex, money or anything self-destructive. He presents it not as a discrete phenomenon confined to a weak-willed few, but as a continuum that runs through (and even underpins) our society; not as a medical ‘condition’, but rather

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the result of a complex interplay of personal history, emotional development and brain chemistry. Distilling cutting-edge research from around the world, *In the Realm of Hungry Ghosts* avoids glib self-help remedies, instead promoting self-understanding as the first key to healing and wellness. Blending

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personal stories and science with positive solutions, and written in spellbinding prose, it is a must-read that will change how you see yourself, others and the world. 10th anniversary edition, updated with new chapter on the Opioid crisis

In this breakthrough guide to understanding,

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treating, and healing
Attention Deficit
Disorder, Dr. Gabor

Hungry Ghosts
Maté, an adult with
ADD and the father of
three ADD children,
shares information on: ·
The external factors that
trigger ADD · How to
create an environment
that promotes health and
healing · Ritalin and
other drugs · ADD
adults ...and much more

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Attention Deficit

Disorder (ADD) has
remained a

controversial topic in
recent years. Whereas
other books on the
subject describe the
condition as inherited,
Dr. Maté believes that
our social and emotional
environments play a key
role in both the cause of
and cure for this
condition. In *Scattered*,

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he describes the painful realities of ADD and its effect on children as

well as on career and social paths in adults.

While acknowledging that genetics may indeed play a part in

predisposing a person toward ADD, Dr. Maté moves beyond that to focus on the things we can control: changes in environment, family

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dynamics, and parenting choices. He draws heavily on his own experience with the disorder, as both an ADD sufferer and the parent of three diagnosed children.

Providing a thorough overview of ADD and its treatments, *Scattered Minds* is essential and life-changing reading for the millions of ADD

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Constant connectivity is rewiring our brains – this is your survival guide for the digital era

Addiction is increasing all around the world, and the conventional remedies don't work. The Globalization of Addiction argues that

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the cause of this failure to control addiction is that past treatments have focused too single-mindedly on the afflicted individual addict. This book presents a radical rethink about the nature of addiction.

NATIONAL

BESTSELLER In this

accessible and

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groundbreaking book --

filled with the moving
stories of real people --

medical doctor and

bestselling author of

Scattered Minds, Gabor

Maté, shows that

emotion and

psychological stress

play a powerful role in

the onset of chronic

illness. Western

medicine achieves

spectacular triumphs

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when dealing with acute conditions such as fractured bones or life-threatening infections. It is less successful against ailments not susceptible to the quick ministrations of scalpel, antibiotic or miracle drug. Trained to consider mind and body separately, physicians are often helpless in arresting the advance of

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most of the chronic diseases, such as breast cancer, rheumatoid arthritis, Crohn's disease, multiple sclerosis, fibromyalgia, and even Alzheimer's disease. Gabor Maté has found that in all of these chronic conditions, there is a common thread: people afflicted by these diseases have led lives of excessive stress,

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often invisible to the
individuals themselves.

From an early age,
many of us develop a
psychological coping
style that keeps us out of
touch with the signs of
stress. So-called
negative emotions,
particularly anger, are
suppressed. Dr. Maté
writes with great
conviction that
knowledge of how stress

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and disease are

connected is essential to
prevent illness in the

first place, or to

facilitate healing. When

the Body Says No is an
impressive contribution

to current research on

the physiological

connection between

life's stresses and

emotions and the body

systems governing

nerves, immune

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apparus and

hormones. With great
compassion and

erudition, Gabor Maté
demystifies medical

science and, as he did in
Scattered Minds, invites
us all to be our own
health advocates.

Excerpt from When the
Body Says No “Only an
intellectual luddite
would deny the
enormous benefits that

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have accrued to
humankind from the
scrupulous application
of scientific methods.

But not all aspects of
illness can be reduced to
facts verified by double-
blind studies and by the
strictest scientific
techniques. We confine
ourselves to a narrow
realm indeed if we
exclude from accepted
knowledge the

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contributions of human
experience and insight. .

.. “In 1892 William

Osler, one of the

greatest physicians of all

time, suspected

rheumatoid arthritis to

be a stress-related

disorder. Today

rheumatology all but

ignores that wisdom,

despite the supporting

scientific evidence that

has accumulated in the

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110 years since Osler first published his text. That is where the narrow scientific approach has brought the practice of medicine. Elevating modern science to be the final arbiter of our sufferings, we have been too eager to discard the insights of previous ages.”

Opening with a

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powerful letter to former Tacoma police chief David Brame, who shot his estranged wife before turning the gun on himself, Norm Stamper introduces us to the violent, secret world of domestic abuse that cops must not only navigate, but which some also perpetrate. Former chief of the Seattle police force,

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Stamper goes on to
expose a troubling
culture of racism,

sexism, and

homophobia that is still

pervasive within the

twenty-first-century

force; then he explores

how such prejudices can

be addressed. He reveals

the dangers and

temptations that cops

face, describing in

gripping detail the split-

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second life-and-death

decisions. Stamper

draws on lessons

learned to make

powerful arguments for

drug decriminalization,

abolition of the death

penalty, and radically

revised approaches to

prostitution and gun

control. He offers

penetrating insights into

the "blue wall of

silence," police

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undercover work, and what it means to kill a man. And, Stamper gives his personal account of the World Trade organization debacle of 1999, when protests he was in charge of controlling turned violent in the streets of Seattle.

Breaking Rank reveals Norm Stamper as a brave man, a pioneering

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public servant whose
extraordinary life has
been dedicated to the
service of his
community.

A psychologist with a
reputation for
penetrating to the heart
of complex parenting
issues joins forces with
a physician and
bestselling author to
tackle one of the most

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disturbing and
misunderstood trends of
our time -- peers
replacing parents in the
lives of our children. Dr.
Neufeld has dubbed this
phenomenon peer
orientation, which refers
to the tendency of
children and youth to
look to their peers for
direction: for a sense of
right and wrong, for
values, identity and

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codes of behaviour. But peer orientation undermines family cohesion, poisons the school atmosphere, and fosters an aggressively hostile and sexualized youth culture. It provides a powerful explanation for schoolyard bullying and youth violence; its effects are painfully evident in the context of

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teenage gangs and
criminal activity, in
tragedies such as in

Littleton, Colorado;

Tabor, Alberta and

Victoria, B.C. It is an

escalating trend that has

never been adequately

described or contested

until *Hold On to Your*

Kids. Once understood,

it becomes self-evident

-- as do the solutions.

Hold On to Your Kids

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will restore parenting to its natural intuitive basis and the parent-child relationship to its rightful preeminence.

The concepts, principles and practical advice contained in *Hold On to Your Kids* will empower parents to satisfy their children's inborn need to find direction by turning towards a source of

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authority, contact and warmth. Something has changed. One can sense it, one can feel it, just not find the words for it. Children are not quite the same as we remember being. They seem less likely to take their cues from adults, less inclined to please those in charge, less afraid of getting into trouble. Parenting, too,

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Realm Of

Hungry Ghosts

seems to have changed. Our parents seemed more confident, more certain of themselves and had more impact on us, for better or for worse. For many, parenting does not feel natural. Adults through the ages have complained about children being less respectful of their elders and more difficult to

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manage than preceding generations, but could it be that this time it is for real? -- from Hold On to Your Kids

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