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Wonderful! Full of great, easy, easy to use art interventions to use with kids to help process their feelings around everything to do with someone's passing that they cared for, as well as activities to help them say goodbye to that special person. Very varied and helpful.

Help Me Say Goodbye: Activities to Help Kids Cope When a ...

Help Me Say Goodbye: Activities for Helping Kids Cope When A Special Person Dies. An art therapy and activity book for children coping with death. Sensitive exercises address all the questions children may have during this emotional and troubling crisis. Children are encouraged to express in pictures what they are often incapable of expressing in words.

Help Me Say Goodbye | Centering Resources

In an effort to support the grieving process, encourage feelings and thoughts related to the death of a loved one and to promote healing, the following activities are included:SCRIPTED GOODBYE LETTER to their loved one that has died.GOODBYE PUZZLE that includes the same scripted words in the Goodbye...

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Help Me Say Goodbye: Activities for Helping Kids Cope When a Special Person Dies

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Help Me Say Goodbye: Activities for Helping Kids Cope when a Special Person Dies. Janis Silverman. Fairview Press, Jan 1, 1999 - Family & Relationships - 32 pages. 0 Reviews. An art therapy and activity book for children coping with death. Sensitive exercises address all the questions children may have during this emotional and troubling crisis.

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Help Me Say Goodbye: Activities for Helping Kids Cope When a Special Person Dies

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Say Goodbye to Being Shy is a book for children who struggle with extreme to occasional shyness. Shyness is a barrier to social and academic development which can prevent children from reaching their greatest potential. Say Goodbye to Being Shy offers focused activities with clearly stated purposes designed to move children from feelings of shyness to developing competence and skill. Simple, fun activities to help kids: Accept themselves; Be assertive when necessary; Make new friends.

Practical guidance and compassionate support for pet owners before, during, and after the death of a beloved companion animal • Explores how to best prepare for a good death for your pet, including recognizing changes in your animal ' s well-being, palliative care at home, taking care of your pet ' s remains, ceremonies, and more • Offers practical exercises and activities, such as what to discuss with the vet when euthanasia is anticipated, how to retain a center of inner calm when making decisions, and how to find the courage to say goodbye when the time comes • Addresses the emotional components of the bereavement process--fears beforehand, guilt and anger afterward--and offers advice on self-care throughout Our pets are members of our families. The death or separation from a beloved animal friend--whether anticipated or unexpected--can unleash a roller coaster of emotions. In this compassionate guide based on more than 20 years ' experience helping individuals and veterinary professionals, Angela Garner offers practical support and guidance to help you prepare for your pet ' s death ahead of time, do your best by your animal friend when the time comes, and work through your grieving process afterward. The author explores how

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to prepare for a good death for your pet, including recognizing changes in your pet ' s well-being, palliative care at home, taking care of your pet ' s remains, ceremonies, and more. She discusses natural death and euthanasia and offers exercises and activities to help you work through difficult issues, such as what to discuss with the vet and how to stay focused on your pet ' s welfare when euthanasia is anticipated. Sharing her own experiences and those of others, she explores practices to help you cope with fears and overwhelming emotions, retain a center of inner calm when making crucial decisions, and find the courage to say goodbye when it is time. Angela Garner also addresses the different emotional components of the bereavement process--fears beforehand and guilt and anger afterward--and includes a compassionate discussion about children and pet loss as well as how to support a grieving companion animal in the family. Offering step-by-step support throughout, this guide brings hope and reassurance that, while grief may feel insurmountable, you will come out the other side to once again reengage with life.

Like Bernie Waber's COURAGE and Davis' KINDERGARTEN ROCKS!, this inspiring, vibrantly illustrated gift book is perfect for celebrating life's milestones, both great and small—especially that first day of kindergarten. There are many ways of letting go. With each goodbye, a new hello. From being pushed on a swing to learning how to pump your legs yourself, from riding a beloved trike to mastering your first bike ride, from leaving the comforts of home behind to venturing forth on that first day of school, milestones are exciting but hard. They mean having to say goodbye to one moment in order to welcome the next. Honest and uplifting, this cheerfully illustrated ode to change gently empowers

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readers to brave life's milestones, both large and small.

From bestselling author Todd Parr, a poignant and reassuring story about loss. Through the lens of a pet fish who has lost his companion, Todd Parr tells a moving and wholly accessible story about saying goodbye. Touching upon the host of emotions children experience, Todd reminds readers that it's okay not to know all the answers, and that someone will always be there to support them. An invaluable resource for life's toughest moments.

Drawing comes with several benefits. One of these is the development of fine motor skills that will aid in the completion of tasks involving object manipulation by hand. As your child draws, he/she begins to express what he/she imagines. Objects are given careful details so features are learned. This way, you can understand what your child creates. How are your child's drawing skills now?

Two best friends understand that saying goodbye to one experience means saying hello to the next, but that does not make it easier when one friend has to move away.

Practice your decision making skills by working on these mazes. Sure, you can decide for yourself but sometimes you get used to your daily tasks that you miss out any other details not covered by your day-to-day. Mazes challenge your routine and they make you a better problem solver. Believe in the benefits of mazes. Grab a copy today!

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When a child has to say good-bye to someone she loves, the process can be easier with a friend at her side. Join Scarlet, her best friend Elby, and the critter gang as they say good-bye to someone Scarlet loves. Follow them as they learn about hospice services and do some activities along the way. This beautifully illustrated, hardcover edition will become a treasured family keepsake. Use it to remember your child's thoughts and save it to share years later. Includes a story about Scarlet, activities, journal page, and place to write a letter to a loved one. This book won a ClearMark Award and the Mom's Choice Awards Gold.

How fast can your child form these dots into pictures? A challenging activity book requires a child to play against the clock. This will push a child from passive to active learning. It'll make the game much more appealing because of the added element of pressure. Encourage your child to share this activity book with friends!

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